

Highland Fling!



July 26 - August 2, 2008

Highland City
5378 West 10400 North
Highland, UT 84003

Highland City Resident
Highland, UT 84003

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Happy 31st Birthday Highland!



Highland Fling Committee Members

<i>Art Show</i>	<i>Lisa Best & The Arts Council</i>
<i>Baby Contest</i>	<i>Katie Davidson</i>
<i>Children's Bike Race</i>	<i>Cindy Davis</i>
<i>Children's Fishing Derby</i>	<i>Trent & Jenaway Bezzant</i>
<i>Golf Tournament</i>	<i>Justin Parduhn & Steve Adams</i>
<i>Highland Games</i>	<i>Brian Dixon</i>
<i>Pansake Breakfast</i>	<i>Bret & Rita Millar</i>
<i>Parade</i>	<i>Highland 8th Ward</i>
<i>Play Day Rodeo</i>	<i>Grant Park</i>
<i>Highland Fling Posters</i>	<i>Tina Rasmussen</i>
<i>Highland Fling Mailer</i>	<i>Emily Gillingwater</i>
<i>Rodeo Queen Contest</i>	<i>Barbara Park</i>
<i>Vendors</i>	<i>Kim Jewett</i>
<i>YCC Children's Games</i>	<i>Highland Youth Council</i>
<i>YCC Dance</i>	<i>Highland Youth Council</i>
<i>5K Classic & Kids Fun Runs</i>	<i>Don Bentley</i>

Thank you to every member of the 2008 Highland Fling Committee and many others for their time, talents and efforts in making the Highland Fling Celebration a memorable and fun experience for everyone!
~Emily Gillingwater, Highland Fling Director

CHILDREN'S FISHING DERBY

Come join us Saturday, July 26th at 6:00 a.m. – 12:00 p.m. at Highland Glen Park for our Free children's fishing derby sponsored by Cabela's. The fishing derby is open to children 13 years old and younger.

Prizes will be awarded to children who catch the longest fish in each gender age group. All prizes are donated by our sponsor, Cabela's. Note: You do not need to be present to win prizes. We ask that you register at the pavilion when you arrive. All youth must be registered in order to be eligible for prizes. The Highland Youth City Council will be selling hot chocolate and donuts in the morning.



Baby Contest

Saturday, July 26th at the Highland City Building (2nd Floor)

9:00 a.m. - 12:30 p.m.

9:00 a.m. - 9:30 a.m.

Judging ages 0-8 months

Judging ages 17-23 months

10:00 a.m. - 10:50 a.m. Judging ages 9-16 months

Judging ages 24-36 months

11:00 a.m.

Highland's Got Talent Baby Contest

(Talent show for babies 18-36 months)

11:00 a.m. - 12:30 p.m. Winners announced

& drawing for prizes (must be present to win)

Talent winner, King & Queen of each age group will ride in the Grand Parade on Saturday, August 2nd at 10:00 a.m.

Cost is \$5.00 before July 25th at 4:30 p.m. No registration on contest day. Pre-register on-line or at the City Office. Note: no specific costume requirements or category.

Please contact Katie Davidson at ktdavidson@gmail.com for more information.



Highland Fling Play Day Rodeo

Saturday, July 26, 2008 at 10:00 a.m.

Utah County Equestrian Center (9370 N. 6800 W.)

Registration begins at 8:00 a.m. July 26th or to pre-register contact:

GRANT PARK @ 756 0307

- | | |
|--------------------------|--------------------------------------|
| 1. Mutton Bustin | 7 & under 50 lbs |
| 2. Lead Line | 6 & under |
| 3. Walk & Trot | 8 & under |
| 4. Halter | 8 & under |
| 5. Halter | 9 - 13 |
| 6. Halter | 14 - 17 |
| 7. Halter | 18 & over |
| 8. Western Pleasure | 13 & under |
| 9. Western Pleasure | 14 - 17 |
| 10. Western Pleasure | 18 & over |
| 11. Jack Benny Pleasure | 35 & over |
| 12. Green Horse Pleasure | Green Broke Horse
4 years & under |
| 13. English Pleasure | 15 & under |
| 14. English Pleasure | 16 & over |
| 15. Reining | 18 & under |
| 16. Reining | 19 & over |
| 17. Barrels | 8 & under |
| 18. Barrels | 9 - 13 |
| 19. Barrels | 14 - 17 |
| 20. Barrels | 18 & over |
| 21. Poles | 8 & under |
| 22. Poles | 9 - 13 |
| 23. Poles | 14 - 17 |
| 24. Poles | 18 & over |
| 25. Keyhole | 8 & under |
| 26. Keyhole | 9 - 13 |
| 27. Keyhole | 14 - 17 |
| 28. Keyhole | 18 & over |
| 29. Goat tying | 12 & under |
| 30. Goat tying | 13 & over |



All events are \$5.00 except for:
Mutton Bustin: \$15.00
Breakaway Roping: \$15.00
Team Roping: \$20.00 per end



TEAM ROPING BUCKLES
 SPONSORED BY:
 S&L AUTOMOTIVE
 LEE'S ROUNDUP CHEVRON
 HAPPY TRAILS TACK & FEED

NEW THIS YEAR
 TEAM ROPING
 BREAKAWAY ROPING



HIGH POINT BUCKLES
 TROPHIES & RIBBONS
 WILL BE AWARDED

Rodeo Royalty



Queen: Kandice Black (Cedar Fort)
1st Attendant: Addie Robertson (Pleasant Grove)
2nd Attendant: Wynnie Mason (Cedar Fort)

Highland Fling Fine Art Show

Call for Entries: An invitation to enter the Highland Fling Fine Arts Show.

Registration: Tuesday, July 29 from 4:00 p.m. - 7:00 p.m.

Media Categories: Oil, Water Media, Mixed Media, Drawing, Chalk/Pastel, Photography, Sculpture, Woodworking, Needlework, Quilts and Glass.

Divisions: Professional Adult, Amateur Adult, High School, Junior High, Intermediate (4th-6th grades), Primary (1st-3rd grades, Kindergarten and Preschool).

Location: Highland City Building, 2nd Floor (5378 West 10400 North)

Artist Reception: Thursday, July 31 at 7:00 p.m. at Mountain Ridge Jr. High Auditorium

Artwork Released: Saturday, August 2nd from 4:00-5:00 p.m. (must be picked up during this time)

Entry Information: Each individual may enter up to three art pieces. Adult entries must be framed in all media categories. Youth/children entries must be framed, matted or mounted on cardstock. Framed artwork must have a wire extended across the back and be securely anchored to a screw-eye on each side of the frame. This accommodates our hanging system and insures the safety of your artwork during the show. Please help us make the registration process run efficiently by doing this before you come to register.

~Every effort will be made to keep your artwork safe, but please be aware that there is no guarantee due to unforeseen accidents~



1st Place, 2nd Place, 3rd Place and Honorable Mention cash awards in each category!

Cash Awards for Best of Show Winners -selected from any category by the judges

Peoples' Choice Award- selected by the viewing public

All participants and their families will be honored at an Artist Reception on Thursday, July 31 at 7:00 p.m. at Mountain Ridge Jr. High School Auditorium. Awards will be presented to all participants and winners during the reception. Participants will then be invited to view the art show and enjoy refreshments at the City Building. This is a special occasion and best dress is requested.

The Art Show is a traditional feature of the annual city celebration and serves to showcase the work of artist in our community. For more information, contact Lisa Best at 756-5446.

Art Show Open to the Public
Friday, August 1st from 5:00 - 7:00 p.m.
& Saturday, August 2nd from
11:00 a.m. - 4:00 p.m.



Youth Bike Race



Come meet Utah Grizzlies mascot, Grizzbee at the Youth Bike Race on Wednesday, July 30th at 7:00 p.m. at Heritage Park.

Ages 3-12 years are welcome to participate in this event. Cost is \$10.00 before July 25th at 4:30 p.m. Pre-register on-line or at the City Office. No registration after the 25th, please.

Meet at 7:00 p.m. *sharp* at the Heritage Park Pavilion on race day. Please contact Cindy Davis if you would like to volunteer to help with this event (Cindy_davis64@msn.com).

Highland Fling Golf Tournament

The Highland Fling Golf Tournament will be held at Fox Hollow Golf Club on Friday, August 1st at 8:00 a.m. 4 Man Scramble. Lunch provided. \$60 per person/\$240 per team.

Interested in sponsoring a hole?

\$100 sponsorship includes a sponsorship sign at a dedicated hole.

\$150 sponsorship includes a sponsorship sign at a dedicated hole and golf for one (1) person.

\$320 sponsorship includes a sponsorship sign at a dedicated hole and golf for four (4) people.

Please contact Justin Parduhn at 420-0547

or justinp@highlandcity.org for more

information. Register on-line or at the City Office.



Highland Idol

Here is your chance to show your singing talent on stage with a live karaoke band at Highland Idol, sponsored by the Highland Arts Council.

Contestants must be Highland Residents to be eligible to register for this event. Contestants will have 2 minutes to sing a song from a prepared song list which is available at www.highlandcity.org. Judging will be done in 3 age categories (12 & under, 13-18 and 19 & over). Pre-registration on-line or at the City Office is encouraged as space is limited to 40 contestants.

Come cheer on the Highland Idol contestants on Friday, August 1 from 6:00 p.m.-8:00 p.m. at Heritage Park. Registration is FREE with cash prizes awarded at the end of the evening to our first place winners!

It's Time to Dance!

The Highland Youth City Council is sponsoring the annual Highland Fling Youth Dance on Friday, August 1, 8:00 p.m. - 11:30 p.m. at Mountain Ridge Jr. High Cafeteria for youth 14-18 years old. Cost: \$3

Come see all the friends you have missed during the summer! School dress code is required. Ages 14-18 years old are welcome.

The DJ is awesome. We can't wait to see you there!

Cost \$3

THE HIGHLAND SATURDAY.

Flag Raising Ceremony

7:00 a.m.
Heritage Park



Hot Air Balloons Lift Off

6:30 a.m.
Mountain Ridge Jr. High



Pancake Breakfast

7:30 a.m. - 9:30 a.m.

Come to the Heritage Park pavilion for breakfast!

Cost is \$1 each (all you can eat!)



Horseshoe Tournament

11:00 a.m. - 2:00 p.m.
East of Mountain Ridge Jr. High
Sponsored by
Randy Smith of Remax Results

Scottish Heavy Events

9:00 a.m. - 3:00 p.m.

East of Mountain Ridge Jr. High

This is an invitational competition with the top athletes from each class throughout the United States.



Highland Camp Cabin Museum
open from 11:00 a.m. - 3:00 p.m.

Come learn about Highland's History at
the Highland
Camp Cabin Museum.



AND FLING AUGUST 2ND

Highland Fling Grand Parade

10:00 a.m.

Parade starts at Highland Elementary on 6000 West, south to 10000 North, then east to Heritage Park.

Please remove parked vehicles along parade route by 9:00 a.m. Prospective entrants may get registration forms at www.highlandcity.org or at the City Building.



Vendor Booths open
at 10:00 a.m.

BMX Stunt Team

Shows at 12:00 p.m., 1:45 p.m. and 4:00 p.m.
East of Mountain Ridge Jr. High



Free Children's Games

11:00 a.m. - 1:00 p.m.

The Youth City Council will have the Children's Games for youth 12 & younger at the Camp Cabin Museum.

Fireman's Spray

2:30 p.m.

South of Mountain Ridge Jr. High



The Sunshine Generation Family Stage

Near the Heritage Park Pavilion

12:00 p.m. **Sunshine Generation of Highland**

1:00 p.m. **Open Karaoke (Annie's Karaoke)**

1:30 p.m. **Power Academy of Irish Dance**

2:15 p.m. **South of Sundance**

2:45 p.m. **Open Karaoke (Annie's Karaoke)**

3:15 p.m. **The Yarrow**

4:00 p.m. **Senior Starz**

5:00 p.m. **The Fly Lady**



Highland Fling Fun Runs

All walkers and runners are welcome to join us for this annual tradition!

Registration Information: Pre registration is \$10 and includes a t shirt if done before July 25th at 4:30 p.m.. After July 25th registration is \$15 and does not guarantee a t shirt. Pre register on line or at the City Office. Race packets may be picked up on July 31st and August 1st at Fleet Feet Sports in American Fork.

Awards: Trophies for 1st, 2nd and 3rd place in each age group. Additionally, all participants in the youth runs will receive participation ribbons. Also, there will be awards for the Fastest Male and Female Highland Resident and the Fastest Overall Male and Female. All runners will be eligible and participate in the prize drawing after the races during the awards ceremony. Snacks & water will be available at the end of the races.

Race Information:

Classic 5K Fun Run will begin at 7:00 a.m. sharp on Saturday, August 2nd. Check in will be in front of the Mountain Ridge Jr. High LDS Seminary building. Runners should check in at least a half hour before the start of the race. **Race Course:** The starting line is in front of Mountain Ridge Jr. High. Runners will travel west to 6000 West, then turn south to 9600 North, then turn east to the Alpine Hwy then turn north where the race will end in front of the LDS church south of Heritage Park.

Classic Youth 1 mile Fun Run will begin at 8:00 a.m. on Saturday, August 2nd. Runners should check in at the registration booth located in front of the LDS church south of Heritage Park at least a half hour before the start of the race. **Race Course:** The starting line is in front of the LDS church south of Heritage Park. Runners will travel south on the Alpine Hwy, then turn west on Windsor Park Drive and circle the roundabout and return on the same course back to the starting location where the race will end in front of the LDS church south of Heritage Park.

Classic Youth 1/2 mile Fun Run will begin at approximately 8:30 a.m. on Saturday, August 2nd. Runners should check in at the registration booth located in front of the LDS church south of Heritage Park at least a half hour before the start of the race. **Race Course:** The starting line is in front of the LDS church south of Heritage Park. Runners will travel south on the Alpine Hwy, then turn west on the first street on the right, go one block then turn around and travel back to the starting location where the race will end in front of the LDS church south of Heritage Park.

Please contact Don Bentley @ Fleet Feet Sports if you have any questions about this event,

756-5800 or don@fleetfeetamerfork.com

Sponsored by: Fleet Feet Sports ~ Costco Wholesale ~ Intermountain Highland Clinic

Heritage Park Stage Entertainment



Paul Burnside Band
11:00 a.m.



Alex Boye
12:15 p.m.



Jenny Jordan Frogley
1:15 p.m.



Sam Payne
2:15 p.m.



Mindy Gledhill
3:30 p.m.



McKay Tobbs
4:45 p.m.



Benton Paul
5:45 p.m.



Brandie Frampton
7:00 p.m.



Eric Dodge
8:30 p.m.



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Thank You Highland Fling Sponsors



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River Meadows Senior Living is proud to be the 2008 sponsor of the Highland Fling Stage!