



Highland Fling

July 29 - August 1, 2009

Wednesday, July 29	Highland Fling Kids Night - <i>New!</i>	6:30pm-8:30 pm	Highland City Hall
Friday, July 31	Golf Tournament	8:00am	Fox Hollow Golf Course
	Play Day Rodeo	4:00pm	NUC Equestrian Center
Saturday, August 1	Hot Air Balloons	6:30am	South of MRJH
	Classic 5K Fun Run	7:00am	North of MRJH
	Flag Raising Ceremony	7:00am	Heritage Park
	LPHS Marching Band Pancake Breakfast	7:30am-9:30am	Heritage Park Pavilion
	Scottish Heavy Events	9:00am	East of MRJH
	Grand Parade	10:00am	Highland Elementary
	Exhibitors & Concession Booths Open	10:00am	Heritage Park
	Highland Camp Cabin Museum Tours	12:00pm-2:00pm	Heritage Park Cabin
	Free Games for Kids (up to 12 years old)	11:00am-1:00pm	Heritage Park near Cabin
	Alpine District Scout Expo	10:00am- 2:00 pm	East Baseball Diamond
	Highland Highway	11:00am	Heritage Park Stage
	The Dyer Highway	11: 45am	Heritage Park Stage
	Brandie Frampton	12:30pm	Heritage Park Stage
	BMX Stunt Team	12:30pm	East of MRJH
	Candy Toss	1:00pm	East Baseball Diamond
	Travisty	1:15pm	Heritage Park Stage
	Fireman's Spray	1:30pm	East of MRJH
	BMX Stunt Team	2:30pm	East of MRJH
	Taylor Ann Barton	2:35pm	Heritage Park Stage
	Barbacoa Burrito Eating Contest	3:00pm	Heritage Park Pavilion
	Highland Idol	3:30pm	Heritage Park Stage
	BMX Stunt Team	4:30pm	East of MRJH
	Eric Dodge	5:45pm	Heritage Park Stage
	Alex Boye	7:15pm	Heritage Park Stage
	Voice Male	8:30pm	Heritage Park Stage
	FIREWORKS	10:00pm	South of MRJH

Locations:		Highland City Hall	5400 W. Civic Center Dr.
Fox Hollow Golf Course	1400 North 200 East (A.F.)	Mountain Ridge Jr. High (MRJH)	5525 West 10400 North
Heritage Park	5381 West 10400 North	N. UT County Equestrian Center	9370 North 6800 West

Register on-line at www.highlandcity.org or at City Hall

Kids Night (Parade & Fun Run)
Golf Tournament
5K Fun Run
Parade
Barbacoa Burrito Eating Contest

For more information please visit the Highland Fling page at www.highlandcity.org under Community Involvement



Welcomes



July 29 - August 1, 2009

**Come enjoy the Highland Fling,
one of Highland's great annual community events.**

*Kids Night - New!
Golf Tournament
Hot Air Balloons
Classic 5K Fun Run
Flag Raising Ceremony
LPHS Marching Band Pancake Breakfast
Scottish Heavy Events
Grand Parade
Exhibitors & Concession Booths*

*Play Day Rodeo
Highland Camp Cabin Museum Tours
Free Games for Kids
Alpine District Scout Expo
Candy Toss
Fireman's Spray
Barbacoa Burrito Eating Contest
BMX Stunt Team
FIREWORKS*

Heritage Park Stage Entertainment:

*Highland Highway -- The Dyer Highway -- Brandie Frampton
Travisty -- Taylor Ann Barton -- Highland Idol
Eric Dodge -- Alex Boye -- Voice Male*

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A Century of Citizenship Boy Scouts of America

2009 Alpine District Expo
August 1st at the Highland City Fling

Come see what Scouting is all about.
Informative displays and Activities for the
entire family



Displays include:

Merit badge requirement activities, home safety, Cub skills,
monkey bridge, Indian Village, bolo tie carving, Sheep sheering,
outdoor cooking and many more.

For more info and/or request a booth space go to : www.utahscouts.org/districts/alpine
or Facebook page "Alpine District Camporee & Expo"

Kids night



wednesday. july 29. 2009

All activities are FREE!

Come join us for the Kids Fun Run at 6:30 p.m. and the Kids Parade at 7:00 p.m. at City Hall!
After the events we will have kids games and treats at Town Center Plaza (splash pad/park),
Free Face Painting, Karate Demonstrations, Giant Twister, Fun Music, Water Games, AND MORE...

For more information please visit the Highland Fling page at
highlandcity.org under Community Involvement.

2009 Highland Fling Committee Members

Graphic Design: Tina Rasmussen • Parade: Highland 8th Ward & Vohn Woodfield
Golf Tournament: Justin Parduhn & Steve Adams • 5K Fun Run: Don Bentley
Candy Toss: Highland Boy Scouts • Kids Games: Youth City Council
Vendors: Kim Jewett • Hot Air Balloons: Brian Kelly
Pancake Breakfast: Lone Peak High School Marching Band
Director: Emily Gillingwater (Highland City) (801) 772-4523, emily@highlandcity.org